

Foothills Birds - Suet Recipe



Ingredients:

- 1 lb (454 g) of lard
- 1 lb (454 g) of smooth or crunchy peanut butter
- 1 cup (250 ml) of shelled sunflower pieces
- 1 cup (250 ml) of meal worms
- 1 cup (250 ml) of raw, unsalted, peeled peanuts

NOTE: We use so much suet that we double the recipe.

Instructions:

1. Prepare a cookie sheet with wax paper on top before starting.
2. Put on the rubber or latex gloves and get a big mixing bowl.
3. Mix the ingredients by squishing it all together with the rubber gloves on.
4. Once mixed, form ball shapes and set them on the cookie sheet with wax paper on it.
5. Pull off the gloves and put the balls in the freezer to set.
6. Once they are frozen, put the balls in a plastic bag (or container) and keep them in the freezer until you are ready to use them.

NOTE: They do not have to be round balls. You can also put the suet in forms for other shapes.

Happy suet making!

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